Dear MOSS families,

**What Do Siblings Need?**

**Sibling Support Day Camp – September School Holidays**

Mt Ommaney Special School would like to offer families the chance to be a part of a Sibling Support day camp in these September school holidays. The group will be available for siblings who are within school age. The aim of this camp is to increase the resiliency of children living with a sibling who has a disability and provide a safe space to discuss issues relating to living with a sibling who has a disability.

Research has shown that siblings of children with special needs benefit greatly from opportunities to express feelings, learn skills to deal with difficult situations, develop a sense of being special and have contact with other children who have siblings with special needs.

Here are some initial details:

**When:** September school holidays, exact dates to be advised

**Where:** Mount Ommaney Special School

**Time:** The camp will run for two days from 9.00-3.00pm, participation at each day is required

**Cost:** There will be no cost. Lunch, snacks and activities will all be provided, dietary requirements can be accommodated

**Facilitators:** Jean McCausland-Green - Clinical Psychologist from USQ, Hollie Bailey – Social worker and MOSS school chaplain and also a provisional psychologist from USQ. Jean has 12 years of experience as a psychologist and has run similar groups for children of parents with mental illness. Jean will be volunteering her time to run this group. She has been involved with MOSS over the past 10 years and has enjoyed being a part of this supportive school community, often volunteering at a range of school events.

**Topics:** It is intended that the topics discussed in the group will be flexible so that the members of the group can also decide on the issues that they would like to discuss. An attempt will be made to group children of a similar age together.

**RSVP:** If you want to know if this would be a good opportunity for your child/ren please contact Hollie Bailey at school on Wednesdays or Thursdays.

Based on family's responses, we will determine all further details. Discussions with parents and children will be held prior to the group commencing where you will have an opportunity to raise questions and determine if the group is suitable for your child/ren.

We look forward to hearing from you,

**Hollie Bailey**  
MOSS School Chaplain  
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